

## Safety Set-Ups & Why

The most important guideline to off-roading ANYWHERE is preparing for the worst (while thinking the best). You only get to live this life ONE time, so here at Lizard Lady Publications, we highly recommend choosing at least one method of safety below:

**Satellite Phones:** The Motorola Iridium 9505A is the best Sat. phone on the market with the best satellite reception. Sat. phones are invaluable when a serious emergency calls for a Baja flight for life or other emergency contact. We only offer this Sat. phone because when you are calling on emergency; you want the best reception you can get. Rent or purchase a Sat. phone by clicking on the 'Satellite Phones' heading in dark red above. This should be purchased with the Baja Emergency Evac. membership shown below:

**Baja Emergency Evacuation Membership:** It is totally worth every penny of the \$45 annual fee to be a member. This gets you a flight for life, ambulance, or any medical help you need while in Baja. You can call them from a hospital, at sea, or in the most remote location on the peninsula and receive the fastest most efficient medical aid or transport available. In order to call from a remote location, you will need a Satellite phone. Memberships are individual; each traveler must have a membership to use its benefits.

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**Emergency Beckons:** Emergency beacons (PLB's) transmit your exact GPS location to the coast guard. What this unit does is personalizes the beacon with your information: name, emergency contacts, ss#, etc. When you set off the beacon (only to be used in a life or death situation) it transmits your personal information with your current GPS coordinate to the coast guard. The US coast guard is stationed all over the world and once they verify (through your emergency contacts) that you are traveling in the location of the received GPS coordinates, they come to rescue IN ANY LOCATION IN THE WORLD FOR NO EXTRA EXPENSE! The PBL is great for those who travel not only Baja, but other remote and international locations.

**First Aid:** Always carry a first aid kit. Make sure your kit is plentiful and prepared for motorcycle type injuries. By clicking on First Aid, you can review the kits we offer and their contents. We also offer a Suture Kit and Snake Bite Kit as great additions to any desert first aid kit.

**2-way helmet radio communications:** This allows you to keep in contact in various ways: to keep track of each other on the trail, to know when someone has been hurt for a fast return to them, to tip off riders in the group of on-coming traffic or potential hazards, and for fun.